

1a - Identity Worksheet



Word Pack for Identity Worksheet

Personality

Funny	Bright	Confident	Curious	Friendly	Caring	Artistic
Shy	Determined	Fun	Energetic	Hard-working	Bold	Cheerful
Brave	Excitable	Generous	Daring	Lively	Sociable	Unique
Calm	Adventurous	Kind	Creative	Sensible	Talkative	Reliable
Polite	Lively	Loyal	Imaginative	Attentive	Outgoing	Mischievous

Appearance

Height	Hair style	Hair colour
Eye colour	Complexion	Nose
Build	Age	Special features

Likes

Football	People	Films	Books
Art	Food	Music	Clothes
TV Shows	Sport	Colour	Activities

Thoughts

What we think about the world

Core Values

Beliefs	Understanding	Honestly	Determination
Trust	Patience	Spirituality	Heath
Kindness	Equality	Loyalty	Respect

Background

Our history or our family history