



Food

Please note that our menu is subject to change, please consult a café menu on the day.

HOMEMADE SOUP OF THE DAY (served with a floury roll) £4.80
Leek, potato and tarragon (dairy free, gluten free)
Roasted butternut and coconut (dairy free, gluten free)

HOMEMADE SANDWICHES £5.00
Smoked Salmon, cucumber and whipped cream cheese on granary bread
Smoked British ham, artisan cheddar & cider apple chutney on granary bread
Roasted Mediterranean vegetable, hummus and sun-dried tomato on focaccia (dairy free)

HOMEMADE PASTRIES AND SALADS
Outdoor reared pork and caramelised apple sausage roll with chutney and green leaf salad £4.95
Cheddar, spinach and caramelised onion tart, served with a green leaf salad £7.95
Roasted sweet potato salad with spinach, lentils and goat's cheese £5.95
Roasted butternut, fine beans and red onion salad with red quinoa, tahini, za'atar and toasted pumpkin seeds (gluten free) £5.95

CAKES AND SWEET TREATS
Pain aux raisins £2.30
Portuguese custard tart £2.80
Fruit Frangipane £3.95
Vegan pistachio loaf (gluten free, dairy free) £3.95
Victoria sponge cake £3.50
Carrot cake with cream cheese icing & walnuts £3.95
Orange and polenta cake (gluten free, nut free) £3.95

CRISPS AND SNACKS
Pipers Crisps selection £1.20
Nero & Bianco artisan chocolate bar £1.20
Loacker wafer biscuits £1.50
Tregroes toffee waffles £1.60
Nakd cereal bars (gluten free, dairy free) £1.50
Fresh fruit selection £0.70

By Word of Mouth is committed to minimising our environmental impact. All disposable cups are biodegradable, and plastics are avoided wherever practical. Our ingredients are sourced as locally as possible and all food waste is recycled.

If you have any questions, please ask a member of the team.

T 020 8871 9566 E office@bywordofmouth.co.uk
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Drink

SOFT DRINKS

Mineral water 500ml	£1.50
Coke/Diet Coke 330ml	£1.50
Cawston Press Sparkling Apple & Rhubarb 330ml	£1.80
San Pellegrino Limonata 330ml	£1.80
Johnson's Orange Juice 250ml	£1.80

BEERS AND WINES

Peroni 330ml	£4.50
Pale ale 330ml	£4.50
La Serre Merlot, Chile 250ml	£6.50
Ladera Verde Sauvignon Blanc, Chile 187ml	£6.50
Amori Prosecco, Veneto Italy NV 200ml	£6.95

HOT DRINKS

Espresso	£2.00
Macchiato	£2.20
Filter coffee	£2.60
Cappuccino/ Latte/ Flat white	£3.10
Hot chocolate	£3.40
Tea: English Breakfast/ Earl Grey	£2.20
Herbal Tea: Peppermint/ Camomile/ Green/	£2.20
Fruit Teas: Red Berry/ Lemon & Ginger	£2.20
Speciality milk	+£0.40

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